

# **KWA THEMA STREET MILE SERIES 2019**



**SUNDAY  
04 AUGUST  
2019**

**1.6KM STREET MILE  
5KM FUN RUN AND WALK**

**RACE VENUE: KWA-THEMA STADIUM, CNR KGASWANE  
AND NGUNGUNYANE STREETS  
GPS: -26.2977371, 28.3912440**

**START AND FINISH: KWA-THEMA STADIUM**

**START TIMES:  
5KM FUN RUN AND WALK: 7H00  
1.6KM STREET MILE: 8H30**

**HOSTED BY ULINDA ATHLETICS IN PARTNERSHIP  
WITH THE CITY OF EKURHULENI**



# ENTRY FEES

Event	5km Fun Run /Walk	Walkers Mile	Street Mile
<b>Entry Fees</b>	<b>R40</b>	<b>R40</b>	<b>R40</b>

- Pre-Entries can be made at Kwa-Thema Stadium on Saturdays in July 2019
- Direct deposit on club bank account:
- ABSA account number: 93-1095-2611 Branch code: 63-20-05
- (include name and surname followed by race category i.e. 5km Run /Walk or Street Mile as reference).
- Proof of entry to be presented when collecting race numbers.
- Late entries will be accepted on race day from 6h00-6h45
- Temporary License: R10.00 only for the Street Mile

Cut off time: 8h30 for both 5km Fun run and walk

1,6 MILE RACE Prizes (Male/Female)

1,6 MILE RACE	OPEN		U/19		Walkers Open		Walkers U/19		U/15	
	Male	Female	Male	Female	Male	Female	Female	Male	Runners	Walkers
1 <sup>st</sup>	R500	R500	R300	R300	R300	R300	R200	R200	Vouchers	Vouchers
2 <sup>nd</sup>	R300	R300	R200	R200	R200	R200	R150	R150	Vouchers	Vouchers
3 <sup>rd</sup>	R200	R200	R100	R100						

Medals: To all street mile finishers and 5km fun run within cut off time

## Race Rules

1. The race is run in accordance to the rules of Athletics South Africa (ASA) and Central Gauteng Athletics (CGA)
2. International athletes must provide a clearance letter from their country of origin and must abide by the IAAF RULE 4.2
3. Registered athletes must wear the ASA 2019 license number on the front and back of the vest as prescribed.
4. Foreign athletes are not allowed to run with a ASA Provincial license and are required to purchase a temporary license or face disqualification. (IAAF rule 4)
5. Foreign athletes are not allowed to run in club colours unless such club exist in their country of origin or they are in possession of refugee status permit or are naturalized citizens of RSA. (IAAF rule 4)
6. Temporary licensed athletes to wear the required temporary license at the back of the vest.
7. All licensed athletes competing for category prizes must wear numeric category tags clearly visible on the front and back of the vest. Proof of age for prize winners will be required.
8. Walkers competing for prize money must wear WALKERS / W tags on the front and back of their vests and must be clearly visible.
9. No seconding is allowed.
10. No iPods or listening devices.
11. No blades, cycle or mechanically operated devices allowed on the race.
12. No animals or pets are allowed to participate.
13. Minimum age: 5km – 9 years.
14. Participants are required to obey the instructions of all traffic officials and race referees.
15. Proof of age for prize winners is required and must be presented to the referee before prize giving.
16. Only those that have completed all the information required in the race entry/ number are eligible for prizes.
17. Athletes may not run with another athlete's race number unless by prior arrangement with the race organizer.
18. The race organizer reserves the right to refuse entry and eject any persons under the influence of drugs or alcohol, who are disorderly, or engaging in inappropriate behavior or evade paying for admission.
19. Athletes who participate without paying a race entry will be disqualified.
20. Licensed athletes not wearing club colours may face disqualification.
21. Objections/ appeals must be lodged within 30 minutes before or after prize giving in writing to the chief referee, accompanied by a deposit of R300.00 which is refundable only if the objection/appeal is upheld.

## Race Information

- Parking at own risk. Clubs must use the entrance from Ngungunyane street and drop off of Gazebos / trailers strictly in designated areas.
- Gates will be closed at 6h30 or when parking area is full.
- Tog bag area available
- Participation at own risk. The organizers accept no responsibility for any loss, damage or injury.
- The entry fee is not refundable.
- Please discard water sachet or cups in designated areas.

## Indemnity (Release and Waiver)

By entering, I declare that I agree to abide by the rules of the race and the rules of ASA. I am physically fit and sufficiently trained to participate in this event. I will participate at my own risk and hereby, for myself, my executors, heirs, administrators and assigns, indemnify against and release, and discharge the national and provincial bodies, sponsors, organizers, volunteer groups, medical personnel and local authorities from any action or claim of whatever nature caused by the negligence of them and / or out of any participation, including pre-and post-race activities.